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Downeast Lakes
LAND TRUST

October 14, 2015

Downeast Lakes Landings

An Afternoon Of Apple Cider

On a gorgeous autumn afternoon, the Downeast Lakes Land Trust (DLLT) hosted an afternoon of apple cider pressing. DLLT Executive Director David Montague was at the helm of his trusty apple press, teaching families the traditional method of harvesting apple cider and the many uses and products that come from apples. After washing the fruit and removing any rotten pieces, the apples were ready for the press. Throughout the afternoon, children and adults helped grind and press about 10 gallons of apple cider, taking home quarts of the finished product to enjoy.

Along with pressing apples, other apple-themed activities were held, including a taste test which allowed participants to sample more than 10 varieties of apples from Grand Lake Stream and Downeast Maine. After working up a sweat at the press, children were thrilled to test their skill at bobbing for apples in a tub of cold water.

"It was a grand affair! Kids bobbing for apples, tasting apples from all over Washington County, pressing cider and enjoying the delicious results," said DLLT Board Vice President Lee Whitely.

With the fall season in full swing, New England's favorite forest fruit trees are experiencing a bountiful year, yielding several quality bushels from the many varieties of trees in Washington County. Apple crops tend to fluctuate from year to year, depending on the many factors of seasonal change. After a warm and sunny August and September, 2015 has proven to be a bumper year for many parts of the country.

DLLT regularly hosts speakers, work parties, and workshops, and leads outdoor adventures that highlight the natural and cultural history of the Maine woods and waters. Visit our **website** to discover what is happening next!

Autumn Is Here - Time To Get Outdoors!

When the leaves begin their transformation and the nights cool off, there is no better weather for hiking and spending time outdoors. The Downeast Lakes Land Trust has kicked off a series of fall programs that have something to offer every outdoors enthusiast.

On Friday, September 25th, the Downeast Lakes Land Trust celebrated the Great Maine Outdoor Weekend with a hike along Little Mayberry Cove Trail. The Great Maine Outdoor Weekend is a series of events led by outdoor oriented organizations and companies to celebrate the how, where, and what of being active outside in Maine. Weaving along the edge of West Grand Lake, hikers were treated to lakeside vistas and a special, close-up visit from a Barred Owl. The fantastic weekend weather cleared the way for successful outdoor programs all over Maine.

Other programs that were offered to allow an early viewing of the fall foliage were a hike on Wabassus Mountain and a flatwater paddle up Big Musquash Stream. From hiking and paddling, to fishing and hunting, October is one of the finest months to explore the Downeast Lakes region. Be sure to head to Grand Lake Stream in these waning days of autumn!

Another Stream Crossing Restoration Completed

In the ongoing effort to restore stream habitats, the Downeast Lakes Land Trust (DLLT) recently completed a culvert replacement project at Grand Lake Brook, located on the Fourth Lake Road in the Farm Cove Community Forest. Through the installation of a 20 foot bottomless arch culvert, the stream crossing has been greatly improved, allowing for better fish passage along a natural stream bed. The Grand Lake Brook arch culvert is the largest project that DLLT has undertaken, helping improve road conditions and wildlife habitat.

"Projects like the Grand Lake Brook crossing are great collaborative efforts between federal, state, and local entities that benefit our local fisheries and watersheds, and improve the Trust's road network for public access," said DLLT Executive Director David Montague.

Provided with funding from the Natural Resources Conservation Service (NRCS), the site work was completed by Hanscom Construction, Inc., Project SHARE, and DLLT Community Forest Manager Kyle Burdick. Due to the scale of this project, the Fourth Lake Road was closed at Grand Lake Brook for six days and traffic was rerouted. Downeast Lakes Land Trust would like to thank the community for its patience and understanding during this restoration project.

The Downeast Lakes Land Trust has restored 26 stream crossings in the Grand Lake Stream area and plans to continue to improve public access and fish and wildlife habitat. For more information on DLLT's habitat restoration work, please visit our website at **www.downeastlakes.org.**

Wilderness First Aid In Grand Lake Stream

The Downeast Lakes Land Trust is pleased to be hosting a Wilderness First Aid course, being held on November 14 - 15. Wilderness First Aid (WFA) is the perfect course for the outdoor enthusiast or trip leader who wants a basic level of first aid training for short trips with family, friends, and outdoor groups. WFA also meets the ACA guidelines and is a two year certification. Led by Stonehearth Open Learning Opportunities (SOLO), students will learn the basic skills of: Response and Assessment, Musculoskeletal Injuries, Environmental Emergencies, Survival Skills, Soft Tissue Injuries, and Medical Emergencies. Cost per student is $150, and

CPR will be offered for an additional fee. Lodging and meals are not included. For more information or to pre-register, please contact the Downeast Lakes Land Trust at (207) 796 – 2100, or email **cbrown@downeastlakes.org**.

Other programs and events this fall include:

October 27 - Book Series: "A Child's Walk In The Wilderness" - Paul and Asher Molyneaux. A father and son's journery along the Appalachian Trail.

November 12 - New Moon Night Hike - Join DLLT Education and Outreach Manager Colin Brown for a nighttime sensory experience that your children will not forget!

November 29 - Tipping Field Trip - Join DLLT Staff and Volunteers as we collect balsam fir tips for wreath making.

December 1 - Community Wreath Making Party - An annual tradition! Held in the Grand Lake Stream School Building at 6 pm.

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